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**Sussex Police**

Keeping you informed

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**Message sent by**

James Armstrong (Police, Corporate Comms, Sussex)

**Monday, 23 October 2017**

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**Dear Colgate Web**

The clocks go back next week and our message is simple, keep a light on and stay secure.

In the early hours of Sunday 29 October the clocks change and at this is the time of year there is an increase in burglary as the nights lengthen and daylight hours shorten.

On Sunday 22 October Sussex Police began a social media campaign to show how residents can bolster their home security with some practical crime prevention advice and highlight the impact of burglary can have.

We aim to emphasise the dire and sometimes heartbreaking effect a burglary can have on a person who has experienced it by sharing their personal story. These stories are complemented with helpful and practical tips to help safeguard your home against burglary. Everyone in the community can help prevent burglary by looking out for each other.

Between September 2016 and September 2017 there were on average 680 burglary offences per month across the force. This total includes both residential and non-residential burglaries.

The change of season not only brings longer evenings but the opportunity to be out celebrating bonfire events and Hallowe'en activities. Be mindful that your home could be vulnerable to burglary if it isn't protected. The best defence against burglary is prevention.

Burglary isn't only about the physical act of someone breaking in and stealing material possessions. It can have a profound and lasting emotional effect on the victim.

To help protect yourself please [read our crime prevention advice here](#).

Register your belongings on the Immobilise national property register. It's free and takes just a few minutes and if your valuables are stolen it will allow you to tell the police, your insurer and secondhand traders to assist in recovering your property and catch the thief. Find out more on [their website here](#).

Kind regards,

**Detective Chief Inspector Alasdair Henry,**  
Sussex Police burglary prevention

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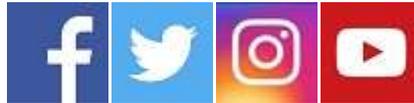
## Help us keep Sussex safe

Seen something suspicious or have information about a crime or incident? Please [contact us online](#), email us at [101@sussex.pnn.police.uk](mailto:101@sussex.pnn.police.uk) or call 101.

Alternatively you can contact the independent charity **Crimestoppers**, anonymously, on **0800 555 111**, or online at [www.crimestoppers-uk.org](http://www.crimestoppers-uk.org)

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## Stay in the know with social media



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**Links and attachments:** Sussex Police will only ever link you to secure websites we trust. We will only send you attachments where we believe it is absolutely necessary.

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