

## **Introduction to the *Unfolding Identities* Resource Pack**

*Unfolding Identities* is a resource pack of five short films, each of which features a young person discussing their identity, and an accompanying manual designed to support the use of these films in the classroom or youth work setting.

If used as a scheme of work, *Unfolding Identities* will instigate an in-depth interactive exploration of what it means for each of us to be who we are, providing a framework for the exploration of social and personal issues that determine how we see the world and how we are seen by others.

The films can also be used as ‘stand alone’ pieces of work, as a catalyst to instigate exploration of identity and belonging. The young people who watch the films are encouraged to relate to the perspectives and unfolding identities of other young people, as a first step in the process of exploring their own emergent identities. The manual is underpinned by the following key principles from which suggestions and guidelines for activities are offered to accompany the viewing of the films

### **Key principles of the *Unfolding Identities* Resource Pack**

1. To explore how young people’s identities are determined by their reaction to their life experiences and by family, friends and relationships with other people. *Unfolding Identities* sets out to explore how the development of identity is a process common to all young people and is determined both by our experience of the world and by how we interpret that experience.
2. To enable focused creative and explorative work around key issues linked to terminology, belonging, Britishness, discrimination and passions.
3. To encourage the development of confident identities linked to affirmation of self, place and cultural background
4. To use the visual and verbal language of young people in the films to resonate with the young people who watch the films, seeking to enter into a call and response dialogue to encourage a positive response to the identities of others and a reflective exploration of the identity of self.

## **Objectives of the *Unfolding Identities* Resource Pack**

- LO1: To discuss, define and practically apply key labels used by young people to describe diversity and difference
- LO2: To develop a greater understanding of the implications of prejudice and stereotyping
- LO3: To explore the broad remit encompassed by the idea of “Britishness”
- LO4: To encourage reflection on the consequence of belonging and not belonging
- LO6: To explore how personal passions can inform and communicate identity

## **Using the Resource**

**We feel that exploration of evolving identities is an effective way to engage pupils with the idea of difference, diversity and concepts of social justice.**

This resource has been developed to support the use of the films in the classroom or youth work setting. The resource can be used with pupils and young people ranging from Year 6 pupils through to Year 11, with adaptations being made to suit the understanding and maturity of the groups being worked with.

The manual makes specific recommendations for way in which the films can be used in PSHE lessons, Citizenship, Art and Drama but we recognise that these themes of identity and diversity could be effectively explored in other curriculum areas such as English, RE, Geography, Sociology etc and would encourage appropriate adaptations.

## **Suggested themes to be explored in viewing specific films**

**Natasha:** Britishness, Belonging, Passions

**Mrisi:** Prejudice and Stereotyping, Belonging, Passions

**Aaron:** Britishness, Terminology, Passions

**Matilda:** Belonging, Passions, Terminology

**Sarah:** Prejudice and Stereotyping, Britishness, Passions